

Virginia Pharmacists Association 2019 Midyear Conference

Hotel Roanoke
February 16-17, 2019



Program

Saturday, February 16, 2019		
7:00am	Registration and Continental Breakfast <i>Lower Level Foyer & Commonwealth Lounge</i>	
7:00am	ANFP Meet & Greet <i>Monroe</i>	
7:00am -- 4:00pm	Exhibit Tables <i>Lower Level Foyer</i>	
7:30am – 7:45am	Welcome and Announcements <i>Washington Lecture</i>	Michelle Thomas, PharmD <i>President of VPhA</i>
7:45am – 9:15am	Keeping the Medical in Medical Marijuana <i>Washington Lecture</i> 1.5 Credit Hours; 0.15 CEU UAN: 0278-0000-19-002-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> • Describe the differences between recreational and medical marijuana and FDA approved cannabinoids • Describe the mechanisms of action of the major cannabinoids • Describe the pharmacokinetics of the major cannabinoids • Identify potential drug interactions with major cannabinoids • List conditions for which evidence supports a use of cannabinoid therapy • List adverse effects associated with medical and recreational marijuana 	Edward Bednarczyk, PharmD, FCCP, FAPhA <i>Clinical Associate Professor, Pharmacy Practice University of Buffalo Director, cHOPE President, APhA-APRS</i>
9:15am—10:45am	Solving the Revolving Door: Managing Heart Failure at Transitions of Care and Beyond <i>Washington Lecture</i> 1.5 Credit Hours; 0.15 CEU UAN: 0278-0000-19-001-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> • Given a patient with acute decompensated heart failure (ADHF), design a strategy for relieving acute symptoms and managing guideline-directed medical therapy (GDMT) being taken prior to admission. 	Brent Reed, PharmD, BCPS-AQ Cardiology, FAHA <i>Associate Professor of Pharmacy Practice University of Maryland, School of Pharmacy</i>

	<ul style="list-style-type: none"> Given a patient with ADHF who is failing to meet decongestion goals, determine etiologies of diuretic resistance and design a modified strategy for relieving symptoms. Given a patient preparing for discharge after ADHF, design a strategy for reducing the risk of heart failure readmission at transitions of care, including the initiation and titration of GDMT. Given a patient with chronic heart failure and a history of rehospitalization, list strategies for optimizing GDMT. 	
9:30am – 10:30am	Finding Your Niche in Pharmacy <i>Monroe</i>	VPhA Academy of New & Future Practitioners (VPhA-ANFP) Tim Lucas, RPh <i>Pharmacist & Owner of Downhome Pharmacy</i>
10:45am – 11:00am	Break <i>Commonwealth Lounge</i>	
11:00am--12:00pm	USP <800> Washington Lecture 1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-003-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> Understand the four aspects of compounding and how hazardous drug handling influences your business Understand the requirements for achieving negative pressure Outline best practice design and workflow considerations 	Bryan Prince, MBA <i>LAB-RED Pharmacy Consultant</i>
12:15pm – 2:00pm	37th Annual Rooke Lecture Crystal Ballroom Includes Lunch 1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-006-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> Describe the history of the opioid epidemic and the effect that it has had on communities. Discuss personal stories and how the opioid epidemic has directly impacted their families. Describe ways on how communities will need to work together to help combat the opioid epidemic. 	Beth Macy Sponsored by the VPhA Research & Education Foundation Rooke Lecture Fund*
2:15pm – 3:15pm	Understanding Drug and Dosage Form Nomenclature Washington Lecture	Tom Reinders, PharmD <i>Emeritus Professor, Virginia Commonwealth University, School of Pharmacy</i>

	<p>1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-004-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Identify the official organizations responsible for naming U.S. drugs and dosage forms • List common rules and limitations for assigning names to drugs and dosage forms • Describe how to decipher drug action based on generic drug names • List resources for information about drug and dosage form names • Identify recommendations for minimizing and reporting medication errors associated with drug names and dosage forms 	
2:15pm – 3:15pm	<p>Technician Continuing Education Session: Updates on self-care products for the pharmacy technician</p> <p><i>Monroe</i></p> <p>1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-007-L04-T Type: Knowledge Category: General At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Discuss the requirements for a drug to be approved for over-the counter use • Describe the role of pharmacy technician with over-the-counter medications • Review how to read a drug facts label • Identify the concerns with patients self-treating with over the counter medications 	<p>VPhA Academy of Pharmacy Technicians (VPhA-APT)</p> <p>Sarah Parnapy Jawaid, PharmD <i>Associate Professor -Bernard J. Dunn School of Pharmacy</i></p> <p>Sharon Gatewood, PharmD, BCACP <i>Associate Professor - Virginia Commonwealth University</i></p>
3:15pm – 3:45pm	<p>Break</p> <p><i>Commonwealth Lounge</i></p>	
3:45pm – 5:15pm	<p>VPhA General Membership Meeting</p> <p><i>Washington Lecture</i></p>	Michelle Thomas, PharmD
5:30pm – 7:00pm	<p>VCU Reception</p> <p><i>Shenandoah Ballroom B</i></p>	
8:00pm	<p>Billiards at the Pine Room – All Attendees Welcome!</p>	Hosted by the VPhA Academy of New & Future Practitioners
Sunday, February 17th, 2019		
7:00am	<p>Registration and Continental Breakfast</p> <p><i>Lower Level Foyer & Commonwealth Lounge</i></p>	
7:45am – 8:00am	<p>Welcome</p> <p><i>Washington Lecture</i></p>	
8:00am – 9:00am	<p>Does the Public Know How Much You Care?</p> <p><i>Washington Lecture</i></p>	<p>Lucinda Maine, PhD, RPh <i>AACP Executive Vice President and CEO</i></p>

	<p>1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-005-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Discuss the results of national consumer research on pharmacists and their practice • Explain the primary audiences, messages and strategies for the national awareness campaign • Identify how pharmacists and state pharmacy organizations can help implement public-facing media campaign activities in local and regional channels 	
9:00am- 10:30pm	<p>Update on COPD and Asthma-COPD Overlap <i>Washington Lecture</i></p> <p>1.5 Credit Hours; 0.15 CEU UAN: 0278-0000-19-008-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Design a therapeutic regimen for a patient with COPD based on the 2019 Global Initiative for Chronic obstructive Lung Disease Report. • Discuss Asthma-COPD Overlap treatment options • Identify characteristics important in selecting a respiratory inhalant device for a patient. • Discuss transitions of care for patients with COPD 	<p>Nancy Yunker, PharmD, FCCP, BCPS <i>Associate Professor of Pharmacotherapy and Outcomes Science, Virginia Commonwealth University, School of Pharmacy</i></p>
10:30am-11:00am	<p>Break <i>Commonwealth Lounge</i></p>	
11:00am – 12:30pm	<p>The Benzodiazepine Epidemic: Beyond the Opioid Crisis <i>Washington Lecture</i></p> <p>1.5 Credit Hours; 0.15 CEU UAN: 0278-0000-19-009-L04-P/T Type: Knowledge Category: General At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Describe the epidemiology of benzodiazepine prescribing and deaths associated with benzodiazepine use. • Discuss clinical controversies associated with benzodiazepine prescribing in clinical practice (e.g., appropriate indications, duration of therapy, medication assisted treatment, etc.). • Develop a plan for monitoring and safely tapering benzodiazepine pharmacotherapy in special populations. 	<p>Sarah Melton, PharmD, BCPP, BCACP, FASCP <i>Professor of Pharmacy Practice Gatton College of Pharmacy at Eastern Tennessee State University</i></p>
12:30pm – 1:30pm	<p>AIP Member Meeting <i>Monroe</i> Includes Lunch</p>	
1:30pm – 2:30pm	<p>Continuing Education Session AIP: Pharmacy strategies to counteract PBM reimbursement games</p>	<p>VPhA Academy of Independent Pharmacists (VPhA-AIP)</p>

	<p>Monroe 1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-010-L04-P/T Type: Knowledge Category: General</p> <p>At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • Describe the PBM services, contractual relationships, and revenue streams in the pharmacy supply chain • Explain the scope of tactics PBMs employ to create financial uncertainty for pharmacies • Outline solutions pharmacies can use in daily operations to mitigate financial losses • Discuss how participants can influence and shape the future of pharmacy practice 	<p>Vinay Patel, Pharm. D. <i>Founder – Self Insured pharmacy Networks LLC</i></p>
<p>11:00am – 12:30pm</p>	<p>Continuing Education Session AIP: CPESN Panel – Current Trends in ACO’s and Pharmacy Practice</p> <p>Monroe 1.0 Credit Hours; 0.10 CEU UAN: 0278-0000-19-011-L04-P/T Type: Knowledge Category: General</p> <p>At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> • What are the quality measures that are driving reimbursement? • Which quality measures are pharmacists and technicians equipped to help improve? • Are there other measures that need to be considered? • What are challenges that could impede community pharmacists and technicians improvement of these measures? • What can be implemented to help overcome these challenges? • What is the first 3 things a pharmacist/technician can do to be ready to serve ACO’s? 	<p>VPhA Academy of Independent Pharmacists (VPhA-AIP) Rebecca Wagers <i>Director – CPESN-NET</i></p> <p>Shelton Hager, MD <i>Physician – Holston Medical Group</i></p> <p>William Lee, D.Ph, MPA, FASCP <i>Pharmacy System Director – Carillion Health System</i></p> <p>Shamly Abdelfattah, PharmD <i>Professor – Appalachia College of Pharmacy</i></p>
<p>3:30pm.</p>	<p>Adjourn</p>	

Intended Audience

This event was designed specifically for pharmacist and pharmacy technicians.

Faculty Disclosure Statements

All faculty included in the activities listed have indicated that they do not have conflicts of interest, nor do they have financial relationship with a commercial interest related to their respective presentation

CPE Credit Information



The Virginia Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Education Planning and Application

Topics selected for the VPhA 2019 Midyear Conference were developed by the VPhA Meetings and Education Committee based upon input from surveys and evaluations from attendees at the 2018 Midyear Conference. Additional input was obtained from the various specialty sections of VPhA, the VPhA Board of Directors, and from review of surveys of other state associations of their members’ needs. The VPhA Meetings and Education Committee utilized contemporary literature

search to determine the level of education and educational gaps of members in order to design specific topics and learning objectives.