

# Virginia Pharmacists Association 2018 Midyear Conference

Hotel Roanoke

March 24 - 25, 2018



## Program

Saturday, March 24, 2018		
7:00am	<b>Registration and Continental Breakfast</b> <i>Conference Level Foyer</i>	
7:00am -- 4:00pm	<b>Exhibit Tables</b> <i>Conference Level Foyer</i>	
7:45am – 8:00am	<b>Welcome and Announcements</b> <i>Washington Lecture Hall</i>	<b>Dennis Smith, RPh</b> <i>President of VPhA</i>
8:00am – 2:30pm	<b>VPhA Research &amp; Education Foundation Silent Auction</b> <i>Conference Level Foyer</i>	
8:00am – 10:00am	<p><b>Pain, Opioids, and the Quest for the Holy Grail</b> <i>Washington Lecture Hall</i> UAN #: 0278-0000-18-001-L04-P UAN #: 0278-0000-18-001-L04-T</p> <p>2.0 Credit Hours; 0.2 CEU Type: Knowledge-based Category: At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Understand opioid use in elderly patients</li> <li>• Recognize risks associated with all pain treatments</li> <li>• Contrast our current thoughts about pain with historical ideas</li> <li>• Examine ways pharmacists can expand their practice to provider improved risk mitigation</li> </ul>	<p><b>Anthony Dragovich, M.D.</b> <i>Pain Medicine Anesthesiologist</i> <i>Blue Ridge Pain Management</i></p> <p><b>Sponsored by the Virginia Pharmacists Aiding Pharmacists Program (VaPAPP) Fund</b></p>
8:00am – 10:00am	<b>Documenting Your Professional Accomplishments with a Resume, CV, Portfolio and Planning for a Successful Interview</b> <i>Location TBD</i>	<b>Tom Reinders, Pharm.D.</b> <i>Professor Emeritus</i> <i>VCU School of Pharmacy</i>
10:00am--10:30am	<b>Break</b> <i>Conference Level Foyer</i>	
10:00am--12:00pm	<p><b>Preparing to be Financially Fit (For Students and New Practitioners)</b> <i>Monroe</i></p> <p>No Continuing Education Credits</p> <p>At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Choose a loan repayment option that is most</li> </ul>	<p><b>Tim Ulbrich, Pharm.D.</b> <i>Associate Dean and Associate Professor of Pharmacy Practice</i> <i>Northeast Ohio Medical University College of Pharmacy</i></p> <p><b>Sponsored by the VPhA Academy of New and Future Practitioners</b></p>

	<p>appropriate for your financial plan.</p> <ul style="list-style-type: none"> <li>• Describe the pros/cons of the public service loan forgiveness (PSLF) program.</li> <li>• Describe the difference between consolidation and refinancing.</li> <li>• Discuss how to balance paying off student loans with other financial priorities.</li> <li>• Describe the step-wise process for creating a zero-based monthly spending plan (budget).</li> <li>• Determine how much money should be saved in an emergency fund.</li> <li>• Evaluate insurance coverage that may be needed to protect one's financial plan.</li> <li>• Differentiate tax-advantage retirement savings vehicles.</li> <li>• Complete a retirement savings nest egg calculation.</li> </ul>	
<p><i>10:30am–12:00pm</i></p>	<p><b>Diabetes in Virginia: Incorporating Diabetes Prevention and DSME into Your Pharmacy Practice</b>  <i>Location TBD</i>  UAN #: 0278-0000-18-002-L01-P  UAN #: 0278-0000-18-002-L01-T</p> <p>1.5 Credit Hours; 0.15 CEU  Type: Knowledge-based  Category:</p> <p>At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Define prediabetes, the burden and progression to diabetes</li> <li>• Understand the evidence behind effectiveness of lifestyle change for diabetes prevention</li> <li>• Provide tools and resources that support diabetes prevention in a pharmacist's practice</li> <li>• Describe Diabetes Self-Management Education and Support (DSMES)</li> <li>• Gain knowledge on the national standards of DSMES</li> <li>• Understand the importance of providing DSMES to the community for reducing the burden of Chronic Disease in Virginia</li> </ul>	<p><b>Anna Peoples, PharmD</b></p> <p><b>Anne Wolf, RD</b>  <i>Director</i>  <i>Virginia Center for Diabetes Prevention and Education</i></p> <p><b>Sponsored by the VPhA Research &amp; Education Hutchinson Fund</b></p>
<p><i>12:15pm – 1:00pm</i></p>	<p><b>Lunch</b>  <b><i>Roanoke Ballroom</i></b></p>	
<p><i>1:00pm – 2:00pm</i></p>	<p><b>36th Annual Rooke Lecture</b>  <b>Social Determinants of Health – A Focus on Pharmacists' Impact</b>  <b><i>Roanoke Ballroom</i></b>  UAN #: 0278-0000-18-003-L04-P  UAN #: 0278-0000-18-003-L04-T</p> <p>1.0 Credit Hour; 0.1 CEU  Type: Knowledge-based  Category:</p> <p>At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Explore how programs, practices, and policies in affect the health of individuals, families, and communities.</li> </ul>	<p><b>William A. Hazel Jr. M.D.</b>  <i>Former Secretary of Health and Human Resources</i>  <i>Commonwealth of Virginia</i></p> <p><b>Sponsored by the VPhA Research &amp; Education Foundation Rooke Lecture Fund</b></p>

	<ul style="list-style-type: none"> <li>Describe areas of greatest need for improved health status and opportunities to enhance team-based care in the Commonwealth of Virginia.</li> <li>Discuss how Virginia's public health infrastructure could be enhanced through greater collaboration with pharmacy</li> </ul>	
2:15pm – 3:15pm	<p><b>Simplifying Stopping: Strategies &amp; Resources for Successful Deprescribing</b>  <i>Washington Lecture Hall</i>  UAN #: 0278-0000-18-004-L04-P  UAN #: 0278-0000-18-004-L04-T</p> <p>1.0 Credit Hour; 0.1 CEU  Type: Knowledge-based  Category:  At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Utilize tools to identify problematic prescribing</li> <li>Summarize examples of successful deprescribing strategies</li> <li>Apply existing deprescribing algorithms and materials</li> <li>Employ understanding of pharmacology and pharmacokinetics to guide successful deprescribing when evidence does not exist</li> </ul>	<p><b>Kristin Zimmerman, PharmD, BCACP, CGP</b>  <i>Associate Professor,</i>  <i>VCU School of Pharmacy</i></p> <p><b>Sponsored by the VPhA Research &amp; Education Unrestricted Fund</b></p>
3:15pm – 3:45pm	<p><b>Break</b>  <i>Conference Level Foyer</i></p>	
3:45pm – 5:15pm	<p><b>Bugs and Drugs at the Point of Transition</b>  <i>Washington Lecture Hall</i>  UAN #: 0278-0000-18-005-L01-P  UAN #: 0278-0000-18-005-L01-T</p> <p>1.5 Credit Hour; 0.15 CEU  Type: Knowledge-based  Category:  At the completion of this activity, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Outline outpatient and inpatient antimicrobial stewardship program objectives to coordinate and promote appropriate prescribing of antibiotics</li> <li>Review bugs and drugs for common infections in the ambulatory and inpatient settings</li> <li>Describe good antimicrobial stewardship practices to promote appropriate antibiotic use at points of transition in patient care</li> </ul>	<p><b>Katerina Petrov, PharmD, BCPS</b>  <i>Assistant Professor</i>  <i>Bernard J. Dunn School of Pharmacy</i></p> <p><b>Sponsored by the VPhA Research &amp; Education Unrestricted Fund</b></p>
5:30pm	<p><b>VCU Alumni and Friends Reception – All Attendees Welcome!</b></p>	
8:00pm	<p><b>Billiards at the Pine Room – All Attendees Welcome!</b>  <i>Pine Room Pub</i></p>	<p><b>Hosted by the VPhA Academy of New &amp; Future Practitioners</b></p>
<p><b>Sunday, March 25, 2018</b></p>		
7:00am	<p><b>Registration and Continental Breakfast</b>  <i>Conference Level Foyer</i></p>	

7:30am – 8:30am	<b>VPhA General Membership Meeting</b> <b>Washington Lecture Hall</b>	
8:45am – 10:15am	<b>Cannabis Rx: Medical Marijuana and the Role of the Pharmacist</b> <b>Washington Lecture Hall</b> UAN #: 0278-0000-18-006-L01-P UAN #: 0278-0000-18-006-L01-T  1.5 Credit Hour; 0.15 CEU Type: Knowledge-based Category: At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> <li>• Learn the history of cannabis and understand the current laws regarding usage and dispensing cannabis</li> <li>• Learn the different modes of delivery a patient may use cannabis</li> <li>• Gain knowledge on the pharmacology of the different components of the marijuana plant</li> <li>• Learn about drug interactions, contraindications, and safety concerns regarding cannabis</li> <li>• Understand the pharmacists' role in speaking with patients who use cannabis</li> </ul>	<b>Al Domeika, BSP Pharm</b> <i>Dispensary Manger</i> <i>Prime Wellness of Connecticut</i>  <b>Sponsored by VPhA Research &amp; Education Morgan Institute Fund</b>
10:15am- 10:30am	<b>Break</b> <b>Conference Level Foyer</b>	
10:30am- 12:00pm	<b>Back to the Future of Hypertension Management</b> <b>Washington Lecture Hall</b> UAN #: 0278-0000-18-007-L01-P  1.5 Credit Hour; 0.15 CEU Type: Knowledge-based Category: At the completion of this activity, the participant will be able to: <ul style="list-style-type: none"> <li>• Compare current hypertension guidelines (ACC/AHA 2017, AACE 2018, ADA 2018)</li> <li>• Determine appropriate goals of therapy based on patient-specific criteria</li> <li>• Design a drug therapy plan for patients with hypertension and co-morbid conditions</li> </ul>	<b>John Bucheit, PharmD, BCACP</b> <i>Assistant Professor</i> <i>VCU School of Pharmacy</i>  <b>Evan Sisson PharmD, BCACP</b> <i>Associate Professor</i> <i>VCU School of Pharmacy</i>  <b>Sponsored by VPhA Research &amp; Education Unrestricted Fund</b>
12:00pm – 1:00pm	<b>Academy of Independent Pharmacists (AIP) Business Meeting</b> Lunch provided for members and future members	<b>Sponsored by VPhA Academy of Independent Pharmacists</b>
1:00pm – 4:00pm	<b>CPESN Virginia Overview</b> No Continuing Education Credits  <b>Implementing Chronic Care Management in Your Practice</b> UAN #: 0278-0000-18-008-L04-P UAN #: 0278-0000-18-008-L04-T  2.0 Credit Hour; 0.2 CEU Type: Knowledge-based Category: At the completion of this activity, the participant will be able to:	<b>Sponsored by Kelestan Packaging and VCU Center for Pharmacy Practice Innovation</b>

	<ul style="list-style-type: none"> <li>• Review CMS Chronic Care Management (CCM) requirements</li> <li>• Describe how Pharmacists in different settings can use CCM to manage chronic conditions, close care gaps and engage patients</li> <li>• Understanding the medical decision making in billing for appropriate CCM Codes</li> <li>• Assess financial and quality implications of incorporating CCM in the pharmacy as well as the medical practice</li> <li>• Discuss challenges and possible solutions in launching a successful CCM practice</li> <li>• Recognize the importance of CCM in relation to value-based payment.</li> </ul>	
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## Intended Audience

This event was designed specifically for pharmacist and pharmacy technicians.

## Faculty Disclosure Statements

All faculty included in the activities listed have indicated that they do not have conflicts of interest, nor do they have financial relationship with a commercial interest related to their respective presentation

## CPE Credit Information



The Virginia Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

## Education Planning and Application

Topics selected for the VPhA 2018 Midyear Conference were developed by the VPhA Meetings and Education Committee based upon input from surveys and evaluations from attendees at the 2017 Midyear Conference. Additional input was obtained from the various specialty sections of VPhA, the VPhA Board of Directors, and from review of surveys of other state associations of their members' needs. The VPhA Meetings and Education Committee utilized contemporary literature search to determine the level of education and educational gaps of members in order to design specific topics and learning objectives.